



LC-Snack Pack[®]



Cheddar Cheese & Almonds



Nutrition Facts

Amount Per Serving
Serving Size ½ cup (55.1g)
Servings per container 1

Calories	349				
Calories from Fat	261				
				%Daily Value*	
Total Fat	29g	45%	Total Carbohydrate	8g	3%
Saturated Fat	6g	30%	Dietary Fiber	5g	20%
Trans Fat	0g		Sugars	0g	
Cholesterol	24mg	8%	Protein	14g	28%
Sodium	140mg	6%	Net Carbs	3g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Dehydrated cheddar cheese, roasted whole unsalted almonds.

Allergen Warning: Processed in a facility that uses gluten.



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Manufactured by:
LC-Foods[®] Corp
Raleigh, NC 27604

www.HoldTheCarbs.com

Net Wt. 1.94 oz. (55.1g) (Mix Weight May Vary)