## LC-Cheezy Curls®



**Yellow Cheddar** 









## Nutrition **Facts**

Serving Size 1/2 cup (17.5g) Approx 19 Curls Servings per container 6 Amount Per Serving Calories 82 Calories from Fat 36



		%Daily \	/alue*
Total Fat 4g	6%	Total Carbohydrate .5g	0%
Saturated Fat 2.7g	14%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 12g	4%	Protein 11g	22%
Sodium 143mg	6%	Net Carbs .5g	
*Percent daily values are based on a 2000 calorie diet			

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Ingredients: Whey protein isolates, cheddar cheese (milk, cheese cultures. salt, enzymes), coconut oil, natural flavors, disodium phosphate, lactic acid, FD&C vellow 5 & 6, silicon dioxide added for anti-caking.

Contains: Milk

Manufactured by LC Foods™ Company, Raleigh NC 2760²