

Includes Sugar Free Chocolate!

% Daily Value*

Nutrition Facts

Serving Size ¼ Cup (26.8g) (approx 1 - 3" cookie prepared) Servings per container 16 Amount Per Serving Calories 100

Calories 100 Calories from Fat 36



		76Daily value	
Total Fat 4g	6%	Total Carbohydrate 11g	4%
Saturated Fat 2.2g	11%	Dietary Fiber 8g	32%
Trans Fat 0g		Alcohol Sugars 2g	
Cholesterol 0g	0%	Protein 5g	10%
Sodium 98mg	4 %	Net Carbs 1g	
*Percent daily va	lues are	based on a 2000 calorie diet.	

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, Inulin chicory root fiber, polydextrose fiber, unsweetened chocolate liquor, erythritol, cocoa butter, organic sunflower lecithin, baking powder, organic stevia rebaudiana leaf natural herbal extracts, natural luo han guo monk fruit,

salt, natural caramel color, natural flavorings and natural enzymes.

Allergen Warning: Processed in a facility that uses gluten and nuts.

Net Wt. 15 oz. (429g) Approx. 4 cups

Makes 16 - 3" Chocolate Chip Cookies

You'll Need:











5 Tbsp unsalted butter, melted - 1 tsp vanilla 1 egg (medium - large size, beaten) 1/4 cup chopped walnuts (optional)

Directions for 8 cookies (1/2 of bag): Chill bag prior to use. In a medium bowl, place 1½ cups of LC-Chocolate Chip Cookie Mix®. Add as directed above, butter, vanilla and egg. Mix just until combined, then add optional walnuts. Cover with plastic wrap and place in the refrigerator along with a cookie sheet to chill for one hour or more. Preheat oven to 375° F, grease or spray the chilled cookie sheet, and then drop by 8 equal spoonfuls onto the sheet, and form into desired cookie shapes. Place cookie sheet on your oven's highest rack level. Bake for 13-14 minutes. Cool on a wire rack. Enjoy!

www.lowcarbfoods.com

Manufactured by LC Foods TM Company, Raleigh NC 27610