



# LC-Snack Pack®



## Chocolate Chips, Almonds & Barberry

**Diabetic  
Friendly  
Gluten  
Free**

**Net Carbs**  
**4.0g**  
Per Serving

**Paleo  
Ketogenic  
LCHF  
Friendly**

### Nutrition Facts

Amount Per Serving  
Serving Size ½ cup (51g)  
Servings per container 1

Calories 289

Calories from Fat 191

%Daily Value\*

<b>Total Fat</b> 21.2g	<b>33%</b>	<b>Total Carbohydrate</b> 17g	<b>6%</b>
Saturated Fat 4.7g	<b>23%</b>	Dietary Fiber 9g	<b>36%</b>
Trans Fat 0g		Alcohol Sugars 4g	
<b>Cholesterol</b> 2mg	<b>0%</b>	<b>Protein</b> 7.5g	<b>15%</b>
<b>Sodium</b> 3mg	<b>0%</b>	<b>Net Carbs</b> 4g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Diced dry roasted unsalted almonds, unsweetened chocolate, no sugar added dried red barberries (zereshk), chicory root, erythritol, cocoa butter, organic soy lecithin, vanilla extract.

**Allergen Warning:** Processed in a facility using gluten.



Manufactured by:  
LC-Foods® Corp  
Raleigh, NC 27604

[www.HoldTheCarbs.com](http://www.HoldTheCarbs.com)

**Net Wt. 1.8 oz. (51g) ( Mix Weight  
May Vary )**