

# LC-Cranberries<sup>®</sup>



**Diabetic  
Friendly  
Gluten  
Free**



**Net Carbs**  
**2.4g**  
Per Serving

## Nutrition Facts

Serving Size 1/4 Cup (4g)  
Servings per container 8

Amount Per Serving

**Calories** 14  
Calories from Fat 0



7 5 4 2 0 5 4 3 0 0 2 4

|                       |           | %Daily Value*                  |           |
|-----------------------|-----------|--------------------------------|-----------|
| <b>Total Fat</b> 0g   | <b>0%</b> | <b>Total Carbohydrate</b> 3.6g | <b>1%</b> |
| Saturated Fat 0g      | <b>0%</b> | Dietary Fiber 1.2g             | <b>5%</b> |
| Trans Fat 0g          |           | Sugars 2.4g                    |           |
| <b>Cholesterol</b> 0g | <b>0%</b> | <b>Protein</b> 0g              | <b>0%</b> |
| <b>Sodium</b> 0mg     | <b>0%</b> | <b>Net Carbs</b> 2.4g          |           |

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Dehydrated cranberries

**Warning:** Processed in a facility that also uses wheat gluten

**Find out more at [HoldTheCarbs.com](http://HoldTheCarbs.com) 919-510-6688**

Net Wt. 1.1 oz. (32g) Approx. 2 cups

Manufactured for LC Foods<sup>™</sup>  
Company, Raleigh NC 27604