



LC-Snack Pack[®]



Barberries Zereshk

Net Carbs
4.6g
Per Serving

Diabetic
Friendly
Gluten
Free

Nutrition Facts

Amount Per Serving
Serving Size 2 Tbsp (11.6g)
Servings per container 1.5

Calories 21

Calories from Fat 0

%Daily Value*

Total Fat 0g	0%	Total Carbohydrate 4.9g	2%
Saturated Fat 0g	0%	Dietary Fiber .3g	1%
Trans Fat 0g		Sugars 3.3g	
Cholesterol 0mg	0%	Protein .3g	1%
Sodium 0mg	0%	Net Carbs 4.6g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: No sugar added dried red barberries (zereshk)

Allergen Warning: Processed in a facility that uses gluten & nuts.



Manufactured by:
LC-Foods[®] Corp
Raleigh, NC 27604

www.HoldTheCarbs.com

Net Wt. 1.2 oz. (34.8g) (Mix Weight May Vary)