

# LC-Egg Noodles Pasta®



**Low Carb** & **Gluten Free**



To prepare, boil in water for 3-5 minutes  
Then allow to soak an additional 3 min.

## Nutrition Facts

Serving Size 1.76oz (50g)  
1 1/4 Cups of pasta prepared  
Servings per package 4  
Amount Per Serving  
**Calories** 183  
Calories from Fat 27

		%Daily Value*	
<b>Total Fat</b>	3g	<b>5%</b>	<b>Total Carbohydrate</b> 18g <b>6%</b>
Saturated Fat	.5g	<b>3%</b>	Dietary Fiber 15g <b>60%</b>
Trans Fat	0g		Sugars 3g <b>6%</b>
<b>Cholesterol</b>	0mg	<b>0%</b>	<b>Protein</b> 21g <b>27%</b>
<b>Sodium</b>	2mg	<b>1%</b>	<b>Net Carbs</b> 3g

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Organic Non-GMO yellow soy beans, water  
**Contains:** Soy



Manufactured For LC Foods™  
Company, Raleigh NC 27604

Net Wt. 7.05 oz. (200g)