LC-Fiberfill Drink Mix with Protein



Diabetic Friendly Gluten Free



Vegan Friendly Dairy Free



% Daily Value*

Directions: In a large glass of fresh water, add 2 Tablespoons of the Fiberfill Drink Mix. Stir until blended and allow to sit for 2 minutes until drink slightly thickens. Each serving contains 3 grams of protein concentrate.

Nutrition **Facts**

Serving Size 2 Tbsp (15.3g) Servings per container 16 Amount Per Serving

Calories 60 Calories from Fat 0



		%Daily \	/aiue
Total Fat 0g	0%	Total Carbohydrate 12g	4 %
Saturated Fat 0g	0%	Dietary Fiber 11g	44%
Trans Fat 0g		Sugars 0g	
Cholesterol 0mg	0%	Protein 3g	6%
Sodium 36mg	2%	Net Carbs 1g	
*Percent daily values are based on a 2000 calorie diet			

Ingredients: Digestive resistant fiber, Inulin (chicory root) fiber, pea protein isolate and concentrate, natural vegetable gum, natural plant gum, konjac glucomannan powder.

Allergen Warning: Processed in a facility that uses nuts and wheat gluten

Net Wt. 8.6 oz. (244.9g) Approx 2 Cups