

LC-Cracker Thins® Fresh Baked



**Diabetic
Friendly
Gluten
Free**



Net Carbs
1g
Per Serving

Refrigerating may lose maximum crispness.
Breakup crackers into your desired size.

Nutrition Facts

Serving Size - 1/3 cup (17.9g)

(approx 5 - 2 1/2" x 2 1/2" crackers)

Servings per container 12

Amount Per Serving

Calories 105

Calories from Fat 60

		%Daily Value*	
Total Fat 6.6g	10%	Total Carbohydrate 6.2g	2%
Saturated Fat 3g	15%	Dietary Fiber 5.2g	20%
Trans Fat 0g		Sugars 0g	
Cholesterol 0g	0%	Protein 5.1g	10%
Sodium 117mg	5%	Net Carbs 1g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: A proprietary blend of almond, coconut and tapioca flours, golden flax meal, egg whites, coconut oil, whey protein, salt and baking soda.

Allergen Warning: Processed in a facility that uses wheat gluten and nuts

Net Wt. 7.58 oz. (215g) Approx. 4 cups



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Manufactured by LC Foods™
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