LC Garlic Bread Sticks®









Refrigerate or Freeze After Receiving Remove Air From Bag Before Closing

Nutrition Facts

Serving Size 1/2 stick (42a) (One half - 11" x 1 1/4" bread stick) Servings per container 16 **Amount Per Serving** Calories 133

Calories from Fat 31

0/ Daily Value*

		%Daily value	
Total Fat 3.4g	5 %	Total Carbohydrate 12g	4 %
Saturated Fat .3g	2%	Dietary Fiber 10.5g	42 %
Trans Fat 0g		Sugars 0g	0%
Cholesterol 0g	0%	Protein 13.5g	27%
Sodium 178mg	7 %	Net Carbs 1.5g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, olive oil, vital wheat gluten, instant dry yeast, Inulin (chicory root) fiber, sea salt, garlic, calcium propionate (as a preservative), organic stevia rebaudiana leaf natural herbal extracts, and natural luo han guo monk fruit. Allergen Warning: Processed in a facility that uses nuts and gluten.

Net Wt. 18 oz. (512g) Qty 8 - 11" Sticks

Manufactured by LC Foods™ Company, Raleigh NC 27604