

LC-NY Style Boiled Bagels[®]

Jalapeno Cheddar 3 pack



**Diabetic
Friendly
Low
Carb**



Lc
FOODS™

**Refrigerate or freeze upon receiving.
Remove air from bag before resealing.**

Nutrition Facts

Serving Size 1/2 bagel (71g)

((half - 4" wide x 1 1/4" thick bagel)

Servings per container 6

Amount Per Serving

Calories 161

Calories from Fat 32

		%Daily Value*	
Total Fat	3.5g	5%	Total Carbohydrate 15g 5%
Saturated Fat	.7g	4%	Dietary Fiber 13g 52%
Trans Fat	0g		Sugars 0g 0%
Cholesterol	2.5mg	1%	Protein 17.4g 35%
Sodium	325mg	14%	Net Carbs 2g

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed, vital wheat gluten, jalapeno peppers, cheddar cheese (cheese cultures, pasteurized milk, salt, enzymes), natural flavors, olive oil, yeast, Inulin, salt, calcium propionate, vinegar, annatto (vegetable color), natural stevia & natural luohan guo monk fruit.

Contains: Wheat, Milk

Net Wt. 15 oz. (426g) Qty 3 - 4" Bagels



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Manufactured by LC Foods™
Company, Raleigh NC 27604