

# LC-Pumpnickel Bread®

Petite Size Loaf



Sliced



Refrigerate or freeze upon receiving.  
Remove air from bag before resealing.

## Nutrition Facts

Serving Size 1 slice (48.5g)  
(one 3¾" wide x 5" tall x ½" thick slice)  
Servings slices per loaf 12

Amount Per Serving

**Calories** 134

Calories from Fat 50

%Daily Value\*

<b>Total Fat</b> 5.5g	<b>8%</b>	<b>Total Carbohydrate</b> 9g	<b>3%</b>
Saturated Fat 2.4g	<b>12%</b>	Dietary Fiber 8g	<b>32%</b>
Trans Fat 0g		Sugars 0g	<b>0%</b>
<b>Cholesterol</b> 7mg	<b>2%</b>	<b>Protein</b> 12g	<b>24%</b>
<b>Sodium</b> 221mg	<b>9%</b>	<b>Net Carbs</b> 1g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, coconut oil, Inulin (chicory root fiber), salt, instant dry yeast, calcium propionate (as a preservative), organic stevia rebaudiana leaf extracts, natural luo han guo monk fruit, natural flavors, natural enzymes and caramel color.

**Allergen Warning:** Processed in a facility that uses nuts and gluten



Baked by LC Foods™  
Raleigh, NC 27610

Net Wt. 1 lbs 4.5 oz. (582g) Approx 6 1/3" L x 5" H x 3¾"W