LC-Hearty White Bread[®] Petite Size Loaf Diabetic Friendly Carb

Nutrition Facts

Serving Size 1 slice (43.2g) (one 3%" wide x 5" tall x %" thick slice) Servings slices per loaf 12 Amount Per Serving Calories 134 Calories from Fat 50



Total Fat 5.5g	8 %	Total Carbohydrate 9g	3 %
Saturated Fat 2.4g	12 %	Dietary Fiber 8g	32%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 7mg	2 %	Protein 12g	24 %
Sodium 221mg	9 %	Net Carbs 1g	
5	_/-	5	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, coconut oil, Inulin (chicory root fiber), salt, instant dry yeast, calcium propionate (as a preservative), vinegar, organic stevia rebaudiana leaf natural herbal extracts, natural luo han guo monk fruit and natural enzymes Allergen Warning: Processed in a facility that uses nuts and gluten

Net Wt. 1 lbs 2.3 oz. (519g) Approx 6 1/3" L x 5" H x 3³/4" W

%Daily Value*