## LC-Rye Sandwich Bread



8 Slice Small Loaf







Refrigerate or Freeze After Receiving Remove Air From Bag Before Closing

## Nutrition **Facts**

Serving Size 1 slice (43a) (one 3¾" wide x 5" tall x ½" thick slice) Servings slices per loaf 8 Amount Per Serving Calories 139 Calories from Fat 54



%Daily Value\*

		70Bany value	
Total Fat 6g	9%	Total Carbohydrate 9.2g	3%
Saturated Fat 2.4g	<b>12</b> %	Dietary Fiber 8.2g	33%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 7mg	<b>2</b> %	Protein 12g	24%
Sodium 221mg	9%	Net Carbs 1g	

\*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal. vital wheat gluten, butter, coconut oil, Inulin (chicory root fiber), salt, instant dry yeast, caraway seeds, calcium propionate (as a preservative), natural flavoring, vinegar, organic stevia, natural luo han quo monk fruit and natural enzymes. Allergen Warning: Processed in a facility that uses nuts and gluten

Net Wt. 12.1 oz. (344g)

Manufactured by LC Foods™ Company, Raleigh NC 27604