LC-Rye Sandwich Bread[®]





Refrigerate or Freeze After Receiving Remove Air From Bag Before Closing

%Daily Value*

Nutrition Facts

Serving Size 1 slice (43g) (one 3¼" wide x 5" tall x ½" thick slice) Servings slices per loaf 25 Amount Per Serving **Calories** 139 Calories from Fat 54



Total Fat 6g	9 %	Total Carbohydrate 9.2g	3 %
Saturated Fat 2.4g	12 %	Dietary Fiber 8.2g	33%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 7mg	2 %	Protein 12g	24%
Sodium 221mg	9 %	Net Carbs 1g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, coconut oil, Inulin (chicory root fiber), salt, instant dry yeast, caraway seeds, calcium propionate (as a preservative), natural flavoring, vinegar, organic stevia, natural luo han guo monk fruit and natural enzymes. Allergen Warning: Processed in a facility that uses nuts and qluten

Net Wt. 37.9 oz. (1075g) Approx 12¾"L x 5" H x 3¾"W