

# LC-Bagel Chips® Sea Salt & Onion



Refrigerate for longer freshness.  
For softer chips 2-4 min in toaster oven.

## Nutrition Facts

Serving Size 8 Chips (40g)  
chips are variable in size and averaged  
Servings per container 5

Amount Per Serving

Calories 99

Calories from Fat 16

%Daily Value\*

<b>Total Fat</b> 1.8g	<b>3%</b>	<b>Total Carbohydrate</b> 9.7g	<b>3%</b>
Saturated Fat .2g	1%	Dietary Fiber 8.7g	35%
Trans Fat 0g		Sugars 0g	0%
<b>Cholesterol</b> 0g	<b>0%</b>	<b>Protein</b> 11g	<b>22%</b>
<b>Sodium</b> 360mg	<b>15%</b>	<b>Net Carbs</b> 1g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Wheat protein isolates, resistant wheat starches, flax seed meal, olive oil, vital wheat gluten, instant dry yeast, Inulin (chicory root) fiber, sea salt, onion powder, calcium propionate (as a preservative), vinegar, organic stevia rebaudiana leaf natural herbal extracts, and natural luohanguo monk fruit.

**Contains:** Wheat



Net Wt. 7.0 oz. (200g) approx 40 chips

Manufactured by LC Foods™  
Company, Raleigh NC 27604