

LC-Seasoned Bread Crumbs[®]



Diabetic
Friendly
Low
Carb



Refrigerate or Freeze After Receiving
Remove Air From Bag Before Closing

Nutrition Facts

Serving Size 2 Tbsp (13.4g)

Servings per bag 13

Amount Per Serving

Calories 42

Calories from Fat 15

		%Daily Value*	
Total Fat	1.6g	2%	Total Carbohydrate 2.9g 1%
Saturated Fat	.7g	4%	Dietary Fiber 2.6g 10%
Trans Fat	0g		Sugars 0g 0%
Cholesterol	2mg	1%	Protein 4g 8%
Sodium	101mg	4%	Net Carbs .3g

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, coconut oil, Inulin, salt, parsley flakes, garlic powder, instant dry yeast, calcium propionate (as a preservative), vinegar, organic stevia, natural herbal extracts, natural luohan guo monk fruit and natural enzymes

Allergen Warning: Processed in a facility that uses nuts and gluten

Net Wt. 6.1 oz (175g) Approx 1 3/4 Cups



Manufactured by LC Foods[™]
Company, Raleigh NC 27610