

LC-Seasoned Croutons[®]



Diabetic
Friendly
Low
Carb



Refrigerate or Freeze After Receiving
Remove Air From Bag Before Closing

Nutrition Facts

Serving Size ¼ Cup (13.75g)

7 handcut 1" x 1" croutons

Servings per bag 16

Amount Per Serving

Calories 64

Calories from Fat 36

%Daily Value*

Total Fat 4g	6%	Total Carbohydrate 2.9g	1%
Saturated Fat 2.7g	14%	Dietary Fiber 2.6g	10%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 2mg	1%	Protein 4g	8%
Sodium 101mg	4%	Net Carbs .3g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, coconut oil, Inulin, salt, parsley flakes, garlic powder, instant dry yeast, calcium propionate (as a preservative), vinegar, organic stevia, natural herbal extracts, natural luohanguo monk fruit and natural enzymes

Allergen Warning: Processed in a facility that uses nuts and gluten



Manufactured by LC Foods[™]
Company, Raleigh NC 27610

Net Wt. 7.76 oz. (220g) Approx 4 Cups