LC-Fresh Baked Sub Rolls[®]



Diabetic Friendly Low Carb





Refrigerate or Freeze After Receiving Remove Air From Bag Before Closing

%Daily Value*

Nutrition Facts

Serving Size 1/2 roll (190g) (one 6" long x 31/2" wide prepared roll) Servings per package 2 Amount Per Serving Calories 588 Calories from Fat 216



		-	
Total Fat 24g	37 %	Total Carbohydrate 40g	13%
Saturated Fat 11g	55%	Dietary Fiber 37g	148 %
Trans Fat 0g		Sugars 0g	0%
Cholesterol 31mg	10 %	Protein 53g	106%
Sodium 987mg	41 %	Net Carbs 3g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal. vital wheat gluten, butter, Inulin (chicory root fiber), salt, baking powder, instant dry yeast, calcium propionate (as a preservative), vinegar, organic stevia leaf natural herbal extracts, natural luo han guo monk fruit and natural enzymes Allergen Warning: Processed in a facility that uses nuts and gluten

Net Wt. 13.4 oz. (380g)