

# LC-Waffle Cakes<sup>®</sup> Belgian Style



Diabetic  
Friendly  
Low  
Carb



Refrigerate or freeze upon receiving.  
Heat in toaster or toaster oven.

## Nutrition Facts

Serving Size 1 Waffle (76g)  
3/4" Thick and 4 1/4" x 4 1/4"  
Servings per container 6

Amount Per Serving

**Calories** 354

Calories from Fat 198

%Daily Value\*

<b>Total Fat</b> 22g	<b>34%</b>	<b>Total Carbohydrate</b> 20g	<b>7%</b>
Saturated Fat 12g	<b>60%</b>	Dietary Fiber 17g	<b>68%</b>
Trans Fat 0g		Sugars 0g	<b>0%</b>
<b>Cholesterol</b> 148mg	<b>49%</b>	<b>Protein</b> 19g	<b>38%</b>
<b>Sodium</b> 290mg	<b>12%</b>	<b>Net Carbs</b> 3g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, eggs, butter, cream, Inulin (chicory root) fiber, polydextrose fiber, vanilla extract, baking powder, salt, organic stevia rebaudiana leaf natural herbal extracts, natural luohanguo monk fruit and natural enzymes.

**Contains:** Milk, Eggs



Net Wt. 16 oz. (456g)

Manufactured by LC Foods<sup>™</sup>  
Company, Raleigh NC 27604