LC-Bagel Chips[®] White Cheddar







%Daily Value*

Refrigerate for longer freshness. For softer chips 2-4 min in toaster oven.

Nutrition Facts

Serving Size 8 Chips (40g) chips are variable in size and averaged Servings per container 5 Amount Per Serving Calories 121

Calories from Fat 45



Total Fat 5g	8 %	Total Carbohydrate 8g	3 %
Saturated Fat 3g	15 %	Dietary Fiber 7g	28 %
Trans Fat 0g		Sugars 0g	0%
Cholesterol 11g	4 %	Protein 11g	22 %
Sodium 488mg	20 %	Net Carbs 1g	

*Percent daily values are based on a 2000 calorie diet. Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, white cheddar cheese powder (milk, enzymes, salt), olive oil, vital wheat gluten, instant dry yeast, salt, enzymes, Inulin (chicory root) fiber, vinegar, lou han guo monk fruit, stevia rebaudiana leaf, natural flavors, lactic acid, silicon dioxide and sodium phosphate (as preservatives) Contains: Wheat, Milk

Net Wt. 7.0 oz. (200g) approx 40 chips