

LC-Konjac Glucomannan Powder[®]



**Diabetic
Friendly
Gluten
Free**



**No
Lactose
Sugar
Free**



Nutrition Facts

Serving Size ½ tsp (1.4g)
Servings per container 131

Amount Per Serving

Calories 5

Calories from Fat 0



		%Daily Value*	
Total Fat 0g	0%	Total Carbohydrate 1.2g	0%
Saturated Fat 0g	0%	Dietary Fiber 1.2g	5%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 0 mg	0%	Protein 0g	0%
Sodium 2 mg	0%	Net Carbs 0g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Konjac soluble root fiber (Glucomannan powder)

Warning: Processed in a facility that uses wheat gluten and nuts.

Manufactured for LC Foods[™]
Company, Raleigh NC 27604

Net Wt. 6.5 oz. (184g) Approx. 1 1/3 cups