

# Sample LC-Chocolate Nut Clusters<sup>®</sup>

**Diabetic  
Friendly  
Gluten  
Free**

**NO  
Maltitol  
Artificial  
Sweetener  
FREE**

**Net Carbs  
.5g**



Directions: In a small bowl, place LC-Chocolate cluster Mix<sup>®</sup>. Add ½ tsp each of melted unsalted butter, heavy cream & water. Add 1/8 tsp vanilla & 1 Tbsp chopped walnuts. Stir and whip together. Spoon onto plastic wrap, allow to set for 20 min.

[www.HoldTheCarbs.com](http://www.HoldTheCarbs.com)

## Nutrition Facts

Serving Size 4¼ tsp (12.3g)

Servings per container 1

Amount Per Serving

Calories 38

Calories from Fat 0

Manufactured for LC Foods<sup>™</sup>  
Company, Raleigh NC

		%Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 8.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>	Dietary Fiber 8g	<b>32%</b>
Trans Fat 0g		Sugars 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>Protein</b> 1g	<b>2%</b>
<b>Sodium</b> 11 mg	<b>0%</b>	<b>Net Carbs</b> .5g	

\*Percent daily values are based on a 2000 calorie diet.

Ingredients: Inulin (chicory root) fiber, dutch cocoa, soluble dietary fiber, digestion resistant polydextrose fiber, whey protein isolates, organic stevia rebaudiana leaf, natural luohanguo monk fruit, natural vegetable plant fiber.

Warning: Processed in a facility that also uses wheat gluten

Net Wt. .43 oz (12.3g) Approx. 4¼ tsp