

# Sample LC-Confectionery Powder® with Erythritol



**Artificial  
Sweetener  
FREE**

**Diabetic  
Friendly  
Gluten  
Free**



Combine entire packet with  
 $\frac{1}{2}$  tsp water to make a glaze.

## Nutrition Facts

Serving Size 2 tsp (5.4g)  
Servings per package 1½  
Amount Per Serving  
**Calories 12**  
Calories from Fat 0

[www.HoldTheCarbs.com](http://www.HoldTheCarbs.com)

%Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 5g	<b>2%</b>
Saturated Fat 0g	0%	Dietary Fiber 3g	12%
Trans Fat 0g		Alcohol Sugars 2g	
<b>Cholesterol</b> 0g	<b>0%</b>	<b>Protein</b> 0g	<b>0%</b>
<b>Sodium</b> 2mg	<b>0%</b>	<b>Net Carbs</b> 0g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Erythritol, oligosaccharides (inulin chicory root fiber), gluten free resistant starch, natural organic stevia rebaudiana leaf herbal extract, natural luo han guo monk fruit.

**Allergen Warning:** Processed in a facility that uses wheat gluten and nuts

Manufactured by LC Foods™  
Raleigh, NC - USA

Net Wt. .28 oz. (8.1g) Approx. 1 Tbsp