

To Maintain Spreadability,  
Do Not Refrigerate.

Manufactured for  
LC Foods™ Company  
Raleigh, NC 27604  
www.HoldTheCarbs.com



# Dark Chocolate Hazelnut Spread

All Natural • Sugar Free • Gluten Free



**1 net  
carb per  
serving!**

NET WT 11oz (312g)

## Nutrition Facts

Amount Per Serving  
Serving Size 2 Tbsp (32g)  
Servings per container 10

Calories 173

Calories from Fat 117

%Daily Value\*

<b>Total Fat</b> 13g	<b>20%</b>	<b>Total Carbohydrate</b> 17g	<b>6%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 12g	<b>48%</b>
Trans Fat 0g		Alcohol Sugars 4g	
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>Protein</b> 1g	<b>4%</b>
<b>Sodium</b> 5mg	<b>0%</b>	<b>Net Carbs</b> 1g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Inulin chicory root fiber, palm oil, sunflower oil, roasted hazelnuts, cocoa powder, erythritol, lecithin, vanilla extract, stevia rebaudiana leaf natural herbal extract.