

Sample LC-Milk[®]



**Low
Lactose
No Milk
Sugar**



Directions:

Combine ½ cup of cold water with this packet of LC-Milk[®] Mix. Add 1Tbsp (0) carb heavy cream. Whisk completely in a bowl, and chill before serving.

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Nutrition Facts

%Daily Value*

Total Fat 0g	0%	Total Carbohydrate .5g	0%
Saturated Fat 0g	0%	Dietary Fiber .5g	2%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 0mg	0%	Protein 9g	18%
Sodium 47mg	2%	Net Carbs 0g	

*Percent daily values are based on a 2000 calorie diet.

Serving Size 5 tsp (9g)

Serving - ½ cup

Amount Per Serving

Calories 38

Calories from Fat 0

Manufactured for LC Foods[™]
Company, Raleigh NC

Ingredients: Contains a proprietary/patent pending blend of milk protein isolates, whey protein isolates, Inulin (chicory root) fiber, salt, organic stevia rebaudiana leaf extract, natural luo han guo monk fruit extract.

Net Wt. .31 oz. (9g) Approx. 5 tsp