

LC-Natural Blueberry Preserves[®]



Artificial
Sweetener
FREE

Diabetic
Friendly
Low
Carb

Net Carbs
1.2g
Per Serving



www.HoldTheCarbs.com

Nutrition Facts

Serving Size 1 Tbsp (15g)

Servings per package 32

Amount Per Serving

Calories 4

Calories from Fat 0

Manufactured for LC Foods[™]
Company, Raleigh NC

		%Daily Value*	
Total Fat 0g	0%	Total Carbohydrate 1.4g	1%
Saturated Fat 0g	0%	Dietary Fiber .2g	0%
Trans Fat 0g		Sugars 1g	0%
Cholesterol 1mg	0%	Protein 0g	0%
Sodium 20mg	1%	Net Carbs 1.2g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Blueberries, water, pectin, lemon juice, natural organic stevia rebaudiana leaf herbal extract, natural luo han guo monk fruit, preservatives (potassium sorbate, fumaric acid, calcium citrate, sodium benzoate), maltodextrin.

Net Wt. 16 oz. (453g) Approx. 2 cups