



LC-Snack Pack®



White Cheddar Puffs

Net Carbs
.3g
Per Serving

Diabetic
Friendly
Gluten
Free

Nutrition Facts

Amount Per Serving
Serving Size 1/4 cup (9.75g)
Servings per container 2

Calories 39

Calories from Fat 11

%Daily Value*

Total Fat 1.2g	2%	Total Carbohydrate .3g	0%
Saturated Fat .7g	4%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholesterol .2mg	0%	Protein 6.8g	14%
Sodium 65mg	3%	Net Carbs .3g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Whey protein isolates, cheddar cheese (milk, cheese cultures, salt, enzymes), coconut oil, natural flavors, disodium phosphate, lactic acid, silicon dioxide added for anti-caking.

Contains: Milk



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Manufactured by:
LC-Foods® Corp
Raleigh, NC 27604
www.LowCarbFoods.com

Net Wt. .68 oz. (19.5g) (Mix Weight May Vary)