LC-Soft Baked Sub Rolls®



3 - 4" Sub Rolls

Diabetic Friendly Low Carb





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Refrigerate or freeze upon receiving. Remove air from bag before resealing.

Nutrition Facts

Serving Size 1/3 roll (120.4g) (one 4"long x 3\%"wide prepared roll) Servings per package 3 Amount Per Serving Calories 429 Calories from Fat 151



		%Daily value		
-L F-4 16 0	200/	Total Carbabudrata 242- 440		

Total Fat 16.8g	26%	Total Carbohydrate	34.3g 11 %
Saturated Fat 6.6g	33%	Dietary Fiber 29.3g	117%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 28mg	9%	Protein 35.2g	70.4%
Sodium 671mg	28%	Net Carbs 5g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed meal, vital wheat gluten, butter, Inulin (chicory root fiber), salt, baking powder, instant dry yeast, calcium propionate (as a preservative), vinegar, organic stevia leaf natural herbal extracts, natural luo han guo monk fruit and natural enzymes Allergen Warning; Processed in a facility that uses nuts and gluten.

Net Wt. 12.7 oz. (361.2g)

Manufactured by LC Foods TM Company, Raleigh NC 27604