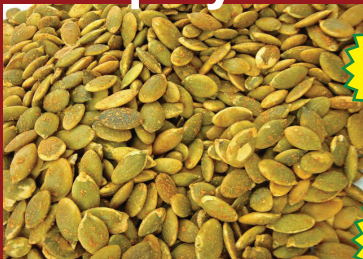


LC-Spicy Fire Roasted Pepitas®



**Diabetic
Friendly
Gluten
Free**

**Paleo
Ketogenic
LCHF**



Snack Bag

Nutrition Facts

Serving Size ¼ cup (34.3g)
Servings per container 8

Amount Per Serving

Calories 182

Calories from Fat 126



7 54205 30372 4

%Daily Value*

Total Fat 14g	22%	Total Carbohydrate 6g	2%
Saturated Fat 3g	15%	Dietary Fiber 3g	12%
Trans Fat 0g		Sugars 0g	
Cholesterol 0mg	0%	Protein 8g	16%
Sodium 150mg	6%	Net Carbs 3g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Organic fire roasted pepita pumpkin seeds, organic habanero pepper, organic chili pepper, sea salt.

Allergen Warning: Processed in a facility using gluten and nuts.

Net Wt. 9.7 oz. (275g) Approx. 2 cups

Manufactured by LC Foods™
Company, Raleigh NC 27604