

LC-White Cheddar Rinds®



Net Carbs
.5g
Per Serving

LC
FOODS™

Low Carb & Keto Friendly

Nutrition Facts

Serving Size 1oz (30g)
approx 1 cup of rinds
Servings per container 5
Amount Per Serving
Calories 176
Calories from Fat 122

		%Daily Value*	
Total Fat 13.6g	21%	Total Carbohydrate .5g	0%
Saturated Fat 7g	35%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 39mg	13%	Protein 13g	26%
Sodium 706mg	29%	Net Carbs .5g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Fried pork skins, white cheddar cheese powder (milk, enzymes) salt, natural flavor, lactic acid, silicon dioxide and sodium phosphate (as preservatives)

Contains: Milk



Manufactured by LC Foods™
Company, Raleigh NC 27604

Net Wt. 5.2 oz. (150g) 5 Cups